

Day Rehabilitation Center



The Yad Sarah Day Rehabilitation Center serves people who suffer disabilities as a result of chronic illnesses, CVA, accidents or other traumatic events and are not receiving any rehabilitative help. The therapies offered in the Center are unique in that they are not limited in time. They are tailored to the specific needs, functional level and interests of each person. The activities are carried out in groups with the help of volunteers along with treatment work and the formation of support groups for assistance in coping with daily life.

The Yad Sarah Day Rehab Center provides comprehensive rehabilitative services to hundreds of people. The older patients come in three days a week, the young adults two days a week. Most of the following services provided by Yad Sarah are unavailable at day care centers elsewhere in Israel:

- Individual physiotherapy treatment which includes muscle strengthening and respiratory training
- Occupational therapy with individual attention and guidance given to each patient after careful assessment to solve their daily functioning problems, such as eating, dressing, and writing
- Musical recitals, talks, and other cultural programs
- Drama therapy
- A choir serving as recreation and as "singing therapy" for post-CVA aphasia
- Wheelchair gardening in elevated pots, directed by a volunteer expert in horticultural therapy
- Arts and crafts with professional artists and craft workers, who freely volunteer their time to encourage, teach and help the patients.
- Computer rehabilitation, with special programs designed for people with motor and cognitive problems.



The aims of the Day Rehabilitation Center are to provide a continuing social/rehabilitative environment for disabled and otherwise limited people, and to give them a bridge to the normally functioning people and world around them. The Center also develops new skills to replace old lost ones, and, in addition, gives the family or other caregivers some precious time off.

