

INSIDE

YAD SARAH
SPRING 2023



**A BEACON
OF CARING**

IN BEERSHEVA



**FRIENDS OF
YAD SARAH**

FriendsOfYadSarah.org

INSIDE

YAD SARAH
SPRING 2023



A Tribute to Els Bendheim

The founder of Friends of Yad Sarah, Els Bendheim, passed away in January 2023. Her kindness and generosity blazed a path for the growth of Yad Sarah.



Branching Out: Beersheva

Yad Sarah's volunteers provide equipment repairs, guidance on the appropriate programs to get involved in, a listening ear, and more! Meet four volunteers carrying out Yad Sarah's vital work in Beersheva.



A Day in the Life of Yad Sarah

Can you imagine what a day in the life of a Yad Sarah branch looks like? Now you don't have to – join us as we take you through a day at the bustling Yad Sarah branch in Beersheva.



Interview: Yad Sarah's Beersheva Branch Managers

We spoke with Jacob and Drora Gopas, the managers of Yad Sarah's Beersheva branch. Learn about the new approaches they are taking to lead the branch.

Yad Sarah's impact is wide-ranging, from providing basic and vital health supplies to those living in the periphery to helping elderly and disabled people access medical care. This rating is confirmation that Friends of Yad Sarah supports those services with purpose, trust, and integrity, and demonstrates strong financial health and commitment to accountability and transparency.



Bringing help and hope to the people of Israel.

EXECUTIVE DIRECTOR'S LETTER

FROM ADELE GOLDBERG



Over the past 47 years, Yad Sarah has created a strong community of clients and dedicated volunteers. With 120+ individual branches across Israel, Yad Sarah provides compassionate care to hundreds of thousands of individuals - from various cultural, religious, and economic backgrounds - every year.

When you go to one of Yad Sarah's branches, you feel the sense of community that manifests in each branch. When you use Yad Sarah's services, you understand the level of compassionate care received by every client. When you read about Yad Sarah in this newsletter, you can't help but recognize the deep sense of passion that drives the organization.

In this edition of "INSIDE Yad Sarah," we highlight Yad Sarah's Beersheva branch – located in the Negev region of southern Israel – and the individuals that sustain its vital services. Learn about four of the branch's volunteers – some of whom just started and others who have been volunteering at Yad Sarah for many years – and their day-to-day responsibilities. The volunteers manage everything from greeting clients to advising on which equipment best suits their needs to repairing damaged equipment. **Join us for a virtual conversation on May 17 at 11am PT/2pm ET/9pm IST to meet these volunteers and hear about their experiences.** Register at <http://bit.ly/3lWaWCx>.

Then, experience a day in the life of Yad Sarah's Beersheva branch and the hundreds of moving pieces and people needed to support the caregiving needs of Israel's largest southern city. The branch offers numerous programs and services, including equipment loans, life story documentation, homebound outreach, a day rehabilitation program, and much more - to

ensure the needs of each client are met.

Finally, sit down and chat with the Beersheva branch managers, Jacob and Drora Gopas, about their personal experience using Yad Sarah's services, the wide array of individuals serviced by the branch, and what they are doing to improve the sense of community at the Beersheva branch.

Yad Sarah cares for all the people of Israel – and understands the special challenges in delivering services to the vast southern region and the periphery – and relies on the dedication of volunteers, the guidance of branch managers, and the support of friends around the globe. Your gifts help make Yad Sarah's vital work possible and allow the organization to plan for innovative responses that make life easier and better for people confronting illness and injury – and to help those that love and care for them. Thank you for being part of the Yad Sarah family.

Adele Goldberg



Visit [FriendsOfYadSarah.org/Planned-Giving](https://www.FriendsOfYadSarah.org/Planned-Giving) to learn about a wide range of options for including Yad Sarah in your will or trust and about establishing a **Friends of Yad Sarah Charitable Gift Annuity**.

A TRIBUTE TO ELS BENDHEIM

Friends of Yad Sarah mourns the loss of its founder, Els Salomon-Prins Bendheim, a remarkable woman of legendary generosity and kindness, who passed away on Thursday, January 12, 2023, in Jerusalem. Her actions blazed a path for the growth of Yad Sarah and helped hundreds of thousands of people in Israel annually. All of us who support Yad Sarah's services are part of her legacy of compassion and care.

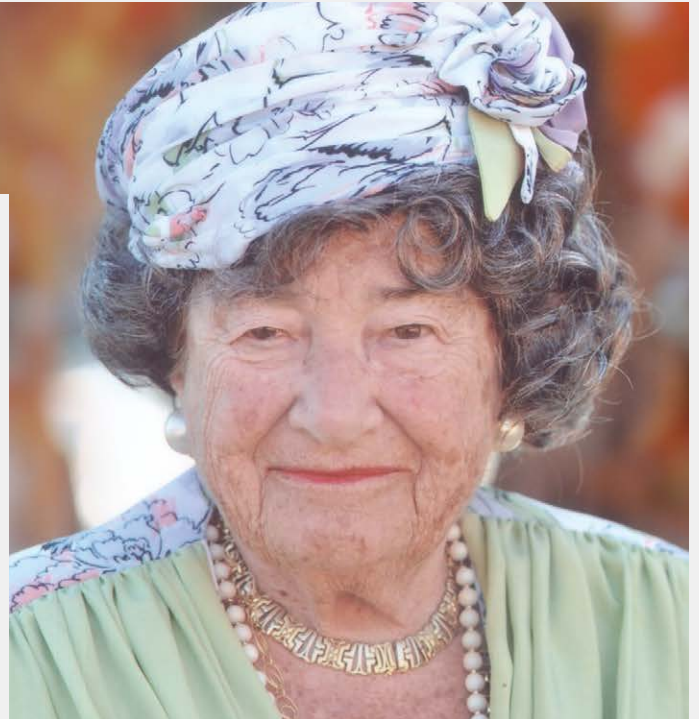
In Israel, Yad Sarah developed the idea of recuperation outside of the hospital, and Mrs. Bendheim, who was intimately familiar with the needs of patients and healthcare systems, was enthusiastic about this innovative approach because she understood that home care was part of the future of medicine.

"She was a woman of great kindness, who always helped everyone with an open heart. She warmly embraced our organization and its goal," shared Yad Sarah Founder, Uri Lupolianski.

Mrs. Bendheim founded Friends of Yad Sarah in the United States, with her home serving as the organization's first address. She collected money and medical equipment, and her home quickly became a "warehouse for medical equipment" that was sent



Els Bendheim and Yad Sarah founder, Uri Lupolianski.



to Israel, allowing Yad Sarah to give aid to many people in Israel. When she and her family traveled to Israel, they would arrive with huge backpacks full of medical equipment for Yad Sarah. The customs officers were always amazed when they saw the large number of medical devices.

Mrs. Bendheim was a driving force of philanthropy and a role model of giving with warmth, kindness, and compassion for her entire family: children, grandchildren, great-grandchildren, and great-great-grandchildren.

Two of her children, sons Jack Bendheim and Philip Bendheim, serve on Friends of Yad Sarah's board, carrying on the family tradition and connection.

We express our heartfelt condolences to the entire family on the loss of their towering matriarch.

May her memory be a blessing.



Els Bendheim in front of a Yad Sarah van donated by her parents.



BRANCHING OUT

BEERSHEVA EDITION



Yad Sarah's 120+ branches throughout Israel serve more than 1,250,000 individuals per year. Each branch is managed and operated entirely by volunteers.

Zoom in to the Beersheva branch and learn about the men and women volunteering their time to provide compassionate care to the people of Israel.



DAVID CONROY
Equipment Repair Volunteer

In 2009, I retired from my career as a purchasing manager at a chemical company. The next day, I began volunteering at Yad Sarah. I have always enjoyed volunteering, and when I was in the army, we got equipment from Yad Sarah – so I was familiar with the organization.

When I started at Yad Sarah, we were in a small building with only eight equipment repair volunteers. We have since moved to a much bigger building, with a significantly larger repair workshop. When a piece of equipment comes into the warehouse, we clean it and fix it up to the best of our ability. Occasionally, pieces of equipment are unable to be repaired. In these cases,

we use any salvageable bits – screws, walker legs, etc. – as spare parts for other pieces of equipment.

I use a walker from Yad Sarah and enjoy ensuring that my friends and family members have access to the equipment they need. For example, when my friend's father was ill, I arranged for equipment to be delivered to his home – allowing him to remain comfortable at home during his last days.

I find great joy in repairing equipment and turning something damaged into something that looks brand new. It fills me with pride to see the smiles on the faces of clients coming in to borrow a piece of equipment that I have repaired.

I find great joy in repairing equipment and turning something damaged into something that looks brand new.



LYNNE CONROY
Reception Desk Volunteer

When I retired in 2020, I began volunteering at schools to teach English. Over summer vacation, I got bored, so I followed in my husband David's footsteps and started volunteering at Yad Sarah. I now work one day a week at the reception desk at Yad Sarah's Beersheva branch.

My mother has a wheelchair, and my husband has a walker from Yad Sarah. But, other than that, I didn't know much about medical equipment when I started. I, along with a large group of fellow volunteers, went through an extensive training course. We learned what each piece of equipment is, how it's used, and who it is best suited for. We also learned how to speak with clients, deal with complicated questions, and clearly understand the client's needs. I am now able to confidently help clients select equipment or point them in the right direction for any other services they need.

It is a pleasure working with other friendly and helpful volunteers. I have learned so much from my short time at Yad Sarah and am excited to continue learning and helping others.



JEREMY WEIL
Home Outreach Volunteer

I have been volunteering at a local hospital for many years and have seen countless patients using Yad Sarah's equipment. When the pandemic began in 2020, the hospital wasn't allowing volunteers to come in, so I got involved with Yad Sarah.

I began in the Home Outreach department – calling clients to keep them company and offer Yad Sarah's support. During the pandemic especially, the most common concern was loneliness. I happily took the time to talk with clients about their lives, families, hobbies, and more.

As pandemic restrictions lifted, I started visiting clients at their homes to bring them medicine, equipment, and food, or just have a conversation. There was one woman – an 80-year-old living alone – who I began visiting regularly. She is a master weaver who makes wall carpets, and she has taught me quite a bit about the yarn she uses and the amazing wall carpets she and her daughter created together.

As much as I help Yad Sarah's clients, they also help me. After my wife passed away, volunteering at Yad Sarah got me out of the house, looking forward to my day meeting a wide array of interesting people with different life stories.



RUBEN SIFRIM
Equipment Repair Volunteer

I was born and raised in Argentina, and later moved to Canada, where I retired from a long career as a biomedical engineer. When my wife and I made Aliyah three years ago, I was looking for a way to get involved with the local community and I came across Yad Sarah. The organization immediately impressed me, and I knew this was how I wanted to get involved with my local community.

I now work in the equipment repair center and specialize in electrical repairs for electric scooters, electric wheelchairs, oxygen machines, breast pumps, and more.

One of my favorite parts of the job is talking to clients waiting for their equipment to be repaired. The clients

know that the people working in the repair shop are all volunteers, so they occasionally bring us coffee and pastries. While we work on their wheelchair, scooter, or other pieces of equipment, they sit and chat – about their family, life, politics, and more. This fills me with such joy and as an added bonus, allows me to practice my Hebrew.

It is such a privilege to be working at Yad Sarah. I feel comfortable and at home at the Beersheva branch and I am filled with a great sense of joy and pride for having a part in helping the people of Israel. 🇮🇱

MEET YAD SARAH'S BEERSHEVA VOLUNTEERS

On May 17, at 11am PT/2pm ET/9pm IST, join Jacob, Drora, David, Lynne, and Ruben to learn more about the day to day responsibilities, expectations, and experiences of a Yad Sarah volunteer.

Register here: <http://bit.ly/3lWaWCx>

SUPPORTING VOLUNTEERS

A study from the Limeade Institute shows that employees who feel cared for are more likely to be engaged in their work and stay at the organization. Drora and Yakov Gopas, Yad Sarah's Beersheva branch managers, have taken this principle to heart and implemented programs to support and unite volunteers.

"We have 250 volunteers in the branch per day, and it is important to keep these volunteers educated, supported, and happy at Yad Sarah," Drora explains.

To educate volunteers and create a sense of community, Drora and Yakov have begun to implement a series of lectures to inform volunteers about different aspects of their work. Thus far, the

branch has held two lectures, helping volunteers to understand the importance of a will, and an introduction to cancer and how it may affect a person's sense of independence. These are meant to educate volunteers, enhance their understanding of potential client concerns, and create a community outside of working hours.

David and Lynne Conroy have been to both lectures and are grateful for this new opportunity. "[Here at Yad Sarah] we are a family, and we should work together. I see the lecture program as Drora's way of saying, 'We want to be supportive of our workers and enrich your life the same way as you managing to enrich the lives of clients who come into the branch.'" 🇮🇱



Volunteer training programs at Yad Sarah's Beersheva Branch.



A DAY IN THE LIFE OF YAD SARAH, BEERSHEVA

As the sun rises over Beersheva, the largest city in southern Israel, 250 alarm clocks ring as Yad Sarah branch volunteers prepare for a new day.

Each one streams through the doors of the recently renovated branch to nine departments serving hundreds of people per day. They're part of a team of 400 volunteers who keep the branch running as it services thousands of individuals.

Let's take a closer look.

Galit arrives at the equipment rental desk to borrow a wheelchair. Lynne, the volunteer managing the station, greets her with a smile and describes all the different types of wheelchairs available – she is surprised by the amount of variety! When Lynne started volunteering with Yad Sarah, she had a three-session training course to learn about Yad Sarah's equipment options but also how to deal with questions and speak to everyone who comes in, no matter what they're going through in their lives. For Galit, Lynne's warm smile and kind words mattered just as much as knowing which wheelchair would best suit her elderly father waiting at home.

As Galit chats with Lynne, another client comes in to return a bed that his mother had borrowed from Yad Sarah. "Thank you again for being so accommodating," he states. "Anytime," Lynne says with a smile as she takes the bed to the back for sanitation.

Galit turns to the man returning the bed and says, "This is my first time borrowing equipment from Yad Sarah – how was your experience?" He glances at Galit and smiles. "You're in great hands! My father got out of the hospital on a Friday afternoon, and we urgently needed a bed delivered and set up at his home. One of Yad Sarah's volunteers drove out to my father's home with the bed, and set it up, all before Shabbat began."

On Galit's way out of the building, she hears peals of laughter from a room down the hall. Taking just a moment to check it out, she sees a group of 40 people sitting around a table, playing a game – and clearly having a great time!

"What is this program? And how old do you have to be to qualify?" she asks the program leader.

"That is our Day Rehabilitation program and we accept participants of any age," smiles the woman. "But most of our participants are 67 or older since that's when State services for them stop."

"My father would love it," muses Galit. "But he's too ill to come in, unfortunately."

“250 alarm clocks ring as Yad Sarah branch volunteers prepare for a new day.”

"We have other services he could use!" notes the program leader eagerly. "We have an outreach program for individuals who are homebound. We call to check in on them, offer support, and engage in conversation. It's usually

greatly appreciated. Some of our volunteers here, including Jeremy, who began volunteering during the pandemic, even started visiting people at home and doing activities with them."

"And of course, we have our life stories program, which pairs a volunteer with someone like your father, to hear about his history. The story is written up as a biography and turned into a book - a lovely memento for him and the rest of your family to keep."

Galit is lost for words, but the gratitude in her eyes says it all.

As she exits the branch into the bright sunlight of south Israel, she holds the door open for a Bedouin man from nearby Rahat, who has brought a walker back for repairs.



Yad Sarah volunteer preparing a wheelchair for a client.

He meets David Conroy, a 13-year veteran volunteer of the branch's equipment repair department. David knows exactly what to do for the walker, as he borrows one from Yad Sarah, himself! But, if any translation is needed, the branch has many Bedouin volunteers available to help. In fact, Yad Sarah's services are so popular that a new branch in Rahat may open in the future.

Meanwhile, other rooms in the center are bustling with activity.

In one, an elderly couple meets with a pro bono lawyer to review recent insurance claims.

In another, a support group for caregivers meets to discuss the difficulties of the role and give each other encouragement.

Another support group, this one for individuals dealing with chronic illnesses, meets across the hall.

As we roam the busy halls of this 37,000-square-foot building, we may even bump into groups of high school students learning about volunteerism or a cohort of medical students observing Yad Sarah volunteers' professionalism with bedside manner and patient interaction.

That professionalism comes in handy when volunteers are providing equipment to individuals who are homebound. Sometimes, these deliveries allow people to be in the comfort of their homes for

their last days. Other times, it helps someone recover more quickly than waiting for a bed in a local hospital. In all cases, the volunteers who bring and install the necessary items are always much more than a delivery service. They provide a listening ear and sympathetic presence to people going through tough times.

For example, Yad Sarah volunteers were recently called to a man's home to install railings in his shower. When they arrived at the apartment, the volunteers noticed that the place was dirty and falling apart – there were piles of clothes lying around the home and the cabinets were falling off the walls. They installed the shower railings, then came back with the tools to clean up the man's home – they repaired his cabinets, painted his walls, and cleaned the floors. A few weeks later, a volunteer stopped by to check in on the man, but before she could get to his front door, his neighbor stopped her. "You have changed my friend's life," the neighbor happily shared. The volunteer quickly learned that the man had begun wearing nice clothes and that his sister had recently come to visit – now that his apartment was more livable.

“They provide a listening ear and sympathetic presence to people going through tough times.”

To avoid needing home equipment in the first place, Yad Sarah also runs two preventive programs. One is our emergency alarm response service, staffed around the clock by volunteer respondents. The volunteers not only answer incoming calls but place check-ins as well. Recently, when one man didn't answer his check-up call, Yad Sarah contacted his municipality at 11 o'clock at night, and together they went to his apartment. When the man didn't answer the door, they called the police, who broke down his door. Upon entering his apartment, the volunteers found that the man had fallen and was unable to access his emergency alarm. Without Yad Sarah's



Yad Sarah volunteer waiting to greet clients.

attention, this man likely would have died.

The other is a pilot program for fall prevention, which uses balance and strength exercises, and the Balance Tutor Biofeedback Rehabilitation System. These help individuals improve balance and reduce falls. Since 1000 people fall in Israel per day, this program could one day provide tremendous health benefits.

As we conclude our bird's-eye journey around the branch, we catch snippets of conversation from volunteers and visitors alike:

"Has your daughter had her baby yet?" a volunteer says into the phone as she conducts a homebound outreach call. "Mazel Tov!" she exclaims after a short pause. "Let her know that she can borrow a breast pump or crib from Yad Sarah if she needs it!"

"My son broke his leg and needs crutches, but we can't afford to buy a new pair," a man explains to a volunteer at the lending center. "I don't know what

size he needs, but can we borrow a pair from Yad Sarah?"

At Yad Sarah's Beersheva branch, you get a little taste of everything. With the wide range of services — from homebound outreach to legal services and rental equipment to life stories — there is something for everyone. We hope you enjoyed your time at the branch – come visit us in person for a live tour! 🇮🇱



Woman picking up breast pump.



AN INTERVIEW WITH JACOB & DRORA GOPAS

*Yad Sarah's Beersheva
Branch Managers*

YS: BEFORE BECOMING BRANCH MANAGERS, DID YOU HAVE ANY KNOWLEDGE ABOUT YAD SARAH?

DRORA: Yes, we have used Yad Sarah's services to provide for our family's youngest and oldest members. Four of our beautiful grandchildren were born in Beersheva, and when each was born, we borrowed cribs and breast pumps to help our children care for their newborns. As for the oldest members of our family – when my mother was diagnosed with Alzheimer's, we moved her out to Beersheva and got her place near Jacob and me. Yad Sarah helped us outfit my mother's home with everything she needed to live comfortably – a wheelchair, a chair for her shower, a hospital bed, and so much more. Up to the very last day of her life, she was using equipment from Yad Sarah.

YS: WHAT MAKES YAD SARAH'S BEERSHEVA BRANCH UNIQUE?

JACOB: Beersheva is in the Southern District of Israel, near many Bedouin communities. At our branch, we serve people living in – or visiting – Beersheva and individuals from these nearby communities. We also have many Bedouin

volunteers who work alongside our Israeli volunteers.

DRORA: Yad Sarah is not a political organization, so there is no reason for Arab and Israeli volunteers not to work together. In fact, we have seen that Yad Sarah is a great way to bring together volunteers from all different backgrounds.

JACOB: Apart from the types of people we serve, the Beersheva branch provides a wide range of offerings to our clients. For example, we were selected to pilot Yad Sarah's falling prevention service. In Israel, nearly 1000 elderly individuals fall per day, and elderly people can easily get hurt by a fall. So, in collaborating with the Social Security Organization, the Beersheva branch has helped implement falling prevention measures. This includes sending a volunteer to the patient's home to see what the individual may need and outfitting the home to avoid falls – installing railings, ensuring that carpets are properly affixed to the floors, and much more. We now have close to 300 families in Beersheva who are using this service and hope to see the program continue to grow.

YS: IN ADDITION TO THE FALLING PREVENTION SERVICE, WHAT OTHER SERVICES DOES THE BEERSHEVA BRANCH PROVIDE?

DRORA: We offer many services at the branch. Our largest department is the equipment rental service, where we maintain a fleet of more than 1000 pieces of equipment – wheelchairs, crutches, oxygen tanks and generators, etc. – that individuals can rent based on their needs. The branch also offers an exhibition center where patients can see the equipment that Yad Sarah offers, equipment repair, legal aid for the elderly, support for caregivers who are attending to ill or elderly loved ones, a day rehabilitation center for those with disabilities, a store for people in need of equipment for longer-term use, outreach programs for the homebound, and the recording of individuals' life stories.

YS: AS BRANCH MANAGERS, WHAT ARE YOUR RESPONSIBILITIES?

JACOB: As a branch manager, there are multiple approaches you can take. One is to make sure that things continue operating smoothly. The other is to continue developing and improving upon services to ensure that clients are pleased with the level of care provided.

DRORA: We chose to go with the latter. While the 250 daily volunteers at the Beersheva branch provide great service and keep things moving smoothly, we want to ensure that things are constantly improving. We work on retaining, recruiting, and training volunteers. Volunteers are the ones working with clients every day, so we must make sure that they always remain patient and professional.

JACOB: We also try to inform the community about Yad Sarah. It is a great, low-cost resource, but not everybody knows about it. We share information about the organization so community members can access the services they need. This includes scheduling tours for doctors, students, and families or speaking with individuals about the many services that the Beersheva branch provides.

YS: SPEAKING OF VOLUNTEERS, HOW DO YOU ENSURE THAT VOLUNTEERS ARE HAPPY AND ENGAGED WITH THEIR WORK?

JACOB: Keeping volunteers happy is very important to Drora and me. If volunteers are not knowledgeable about their work, they will not be able to provide the highest quality service to our patients.

DRORA: To educate volunteers and keep them engaged, we have organized a lecture series in which various professionals come to the branch and teach volunteers about their field. For example, we recently had a lawyer come in and teach volunteers about making a will. This is interesting for volunteers as individuals and helpful in informing their work at Yad Sarah.

JACOB: We also try to create a community through activities and field trips. Our volunteers care about their work and the people they work with. By organizing activities, we give volunteers an opportunity to socialize outside of their regular hours and get to know each other better. This creates a greater sense of community and appreciation – ultimately improving work quality.

YS: WHAT IS YOUR FAVORITE THING ABOUT BEING THE MANAGER OF YAD SARAH'S BEERSHEVA BRANCH?

DRORA: I love how much our volunteers care about helping others. There is no problem too big or small for Yad Sarah. For example, a woman came to the branch during Sukkot when many of our volunteers were off. Her in-home aide was not available, and she needed a lift to help move her husband, who has Parkinson's. Volunteers quickly mobilized to find the right lift and figure out how to work it. Volunteers from different departments within Yad Sarah worked together to bring the equipment to the woman's home and help her move her husband back to his bed.

The volunteers easily could have told the woman that the branch was short-staffed and that she would need to wait until after the holiday. But they care about providing quality service to every person who walks through Yad Sarah's doors.

In the end, the woman was very appreciative of Yad Sarah for the time and effort the volunteers put into making sure she had the support she needed. 🙏

ALL ABOUT YAD SARAH

Thanks to your continued support, Yad Sarah provides a vital array of compassionate health and home services for people of all ages and backgrounds. As Israel's largest volunteer-staffed organization, Yad Sarah's 7,000 members work around the clock to assist more than 1,000,000 people in Israel each year.

The people of Israel — and people with special needs traveling to Israel — rely on Yad Sarah to help them remain independent, healthy and at home.

OUR PROGRAMS AND SERVICES INCLUDE:

Medical Equipment Lending Centers: An inventory of more than 500,000 items to be loaned out at no cost to the borrowers.

Conversations with the Homebound: Phone conversations to activate minds and raise morale of people isolated at home.

Medical Equipment Repairs: The medical equipment that Yad Sarah lends are repaired and renovated by skilled volunteers and people with disabilities.

Day Rehabilitation Centers: Physical and occupational therapy; computer, art, drama and gardening therapy; meals and social events for young and old recovering from strokes, surgery, illness, and injury.

Emergency Alarm System: Peace of mind for the elderly and homebound, 24 hours a day, with two-way transmitters connected to Yad Sarah's national computerized system.

Transportation Services: Wheelchair-accessible rides to work, school, medical appointments, and social occasions.

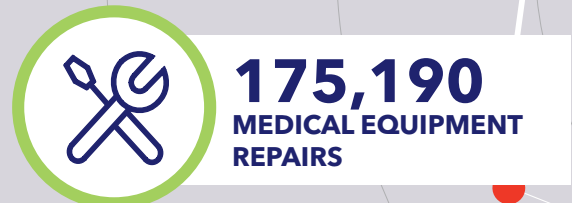
The Family Center: Professional therapy to individuals who have experienced trauma due to violence in the home.

Emergency Medical Center: Expert doctors in a variety of fields, highly qualified nurses, and top lab technicians provide a first-rate medical response to all.

Yad Riva Legal Aid: Legal services, legal counseling, legal representation, and social assistance for the elderly provided by volunteer lawyers.

Mobile Geriatric Dental Clinic: A full range of specialized care for the homebound and elderly.

Home Hospitalization Service: Lending equipment to create a hospital room at home to allow recuperation among family, avoiding the discomforts and dangers of long-term hospital stays.





13,400
TREATMENTS FOR PEOPLE
WITH NEUROLOGICAL
CHALLENGES



23,131
LOANS OF HOME
HOSPITAL UNITS



3,629
EVACUATION BY
AMBULANCE TO HOSPITAL



1,900
GUESTS AT
HOSPITALITY CENTER



163,817
PHONE CONVERSATIONS WITH
HOMEBOUND INDIVIDUALS



2,700
SERVICE RECIPIENTS OF
LEGAL AID FOR SENIORS



4,800
TREATMENTS AT THE
FAMILY CENTER FOR THE
PREVENTION OF VIOLENCE



5,600
TREATMENTS AT HOME BY
THE MOBILE DENTAL UNIT



23,467
VISITS TO THE EMERGENCY
MEDICAL CENTER



831
HOISTING DEVICES SENT
TO ELDERLY PEOPLE WHO
FELL AT HOME



4,340
SERVICES TO HOMEBOUND
INDIVIDUALS



165,284
CALLS TO THE
EMERGENCY HELPLINE



12,000
TRIPS IN
YAD SARAH VANS

IF YOU'RE OVER 70 1/2, YOU CAN USE TAX-FREE FUNDS FROM YOUR IRA TO ESTABLISH A GIFT ANNUITY.

Now that the Legacy IRA Act has been passed, IRAs can be used to establish gift annuities with no income tax charged on the IRA distributions. Rules apply.



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A YAD SARAH GIFT ANNUITY CAN BE FUNDED FROM YOUR IRA'S REQUIRED MINIMUM DISTRIBUTION, BEGINNING IN 2023.

A **Yad Sarah Gift Annuity** pays a high, fixed-rate, lifetime income for one or two individuals. May we calculate the annuity rate, tax deduction and **tax-free** income portion for you? For many individuals, a gift annuity is an especially valuable retirement planning vehicle.

A SAMPLE OF YAD SARAH'S HIGH GIFT ANNUITY RATES

Age	Rate	Tax Free*
70	6.5	58.9%
75	7.1	63.1%
80	8.0	67.1%
85	9.5	72.8%
90	11.3	76.6%

*A final calculation of the tax-free portion will be made for the month of the gift, based on IRS rules.

SUPPORTING YAD SARAH (AND YOURSELF) TODAY AND TOMORROW

Leaving a gift for Yad Sarah in the future - in your will, trust, or through other vehicles - can be quite meaningful to you as a generous donor and Yad Sarah as a grateful beneficiary. However, some long-time supporters of Yad Sarah would like to do this during their lifetime. Consider the capital you may contribute to Yad Sarah through your estate. Think also about how you would like Yad Sarah to use your contribution in the future to carry on its essential work of helping people in need in Israel. Would you like to have your gift recognized during your lifetime while continuing to receive income? Consider a **Yad Sarah Gift Annuity** or a **Yad Sarah Charitable Remainder Trust**. If you use stock to fund these, you will receive substantial tax savings, pay less - if any - in capital gains taxes, generate lifetime income, and be recognized as part of a valuable universe of individuals who make a difference **today and tomorrow**. Become a **Yad Sarah Partner**.



TO BE A YAD SARAH PARTNER

Please contact Adele Goldberg, the Executive Director of Friends of Yad Sarah, at 1-866-YAD-SARAH or by email at adele@friendsofyadsarah.org.

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