

# INSIDE

**YAD SARAH**  
FALL 2019

**UNITED IN  
CARING**

Volunteer Telma Gal with Oktai Ashurov, a client  
in Yad Sarah's Day Rehabilitation program.



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FALL 2019



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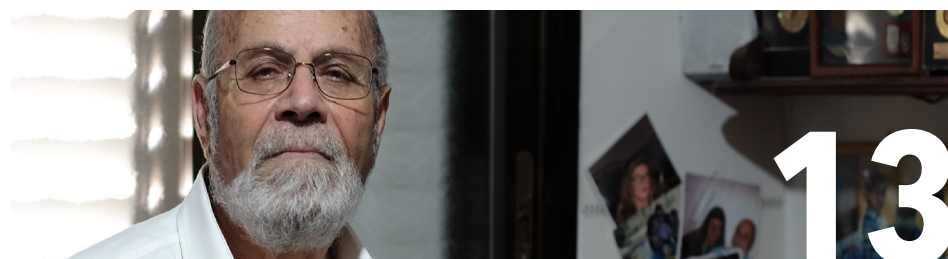
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Yad Sarah's impact is wide-ranging, from providing basic and vital health supplies to those living in the periphery to helping elderly and disabled people access medical care. This rating is confirmation that Friends of Yad Sarah supports those services with purpose, trust, and integrity, and demonstrates strong financial health and commitment to accountability and transparency.



Bringing help and hope to the people of Israel.

# EXECUTIVE DIRECTOR'S LETTER

FROM ADELE GOLDBERG



Dear Friends,

Life is full of uncertainty. Accidents, illnesses, or emergencies can send even the strongest of us to seek help and support. Sometimes we or the people we love face medical challenges that seem insurmountable. Sometimes those challenges leave us feeling powerless.

But when we come together selflessly as a community and as a family, we can empower each other to feel better and to heal. That's the Yad Sarah story – a story shared by hundreds of Yad Sarah volunteers and staff members and hundreds of thousands of lives touched by their work.

When I speak to volunteers and staff at Yad Sarah branches across Israel, I am always amazed at the seemingly ordinary yet devastating problems clients present, and at how they rise to meet these challenges. The selflessness and compassion of volunteers and staff make up the beating heart of Yad Sarah's work, work that empowers people across the State of Israel.

There's staff and volunteers like Yad Sarah's Modiin volunteer branch manager, Eli Rosenberg, who has devoted decades of his life to improving the community's health. Eli, the Modiin municipality, Yad Sarah's leadership in Israel, and Friends of Yad Sarah here in the USA have devoted time and resources to building a wide-reaching and remarkable multi-service center in Modiin. To Eli, Yad Sarah feels like his "second home" as he cares for near strangers as if they were his own family.

There's Cori Saraf, a physical therapist at the Netanya branch, who provides the clients in the Day Rehab program with tools to rehabilitate their physical strength. She instills confidence in clients who once felt they would never walk again – always with a smile on her face and the support of the entire Yad Sarah community behind her.

There's Rita Paran, an art therapist at the Jerusalem Day Rehab program, who heals not just the body but also the soul, creating unique opportunities for her clients to express themselves through art, music, and dance.

And there's Michael Benson, the Beersheba volunteer branch manager, who sees each client as a unique person deserving of individual attention, care, and treatment. Though he is responsible for all the branch activities, he places special value on homebound outreach, helping to ensure that the frail and isolated in Beersheba are not forgotten.

The staff and volunteers profiled in this issue are merely a sample of all the selfless heroes at Yad Sarah.

They know best how to serve their communities, and they're able to do this **thanks to you**. By supporting Yad Sarah, you are empowering the people of Israel. You are providing the means to create a more compassionate nation and a community that takes care of all its people, both young and old.

*Adele Goldberg*  
Adele Goldberg



Visit [FriendsOfYadSarah.org/Planned-Giving](https://www.FriendsOfYadSarah.org/Planned-Giving) to learn about a wide range of options for including Yad Sarah in your will or trust and about establishing a Friends of Yad Sarah Charitable Gift Annuity.

# BRANCHING OUT

One of every two people in Israel has been personally helped by Yad Sarah or knows someone who has. Serving more than 600,000 people annually, the organization's 100+ branches rely on caring, dedicated volunteers who are led by an incredible team of volunteer branch managers. We asked volunteers and managers from across Israel to share what it's like making a difference in the lives of so many people every day.



**SAMIRA ABU RUKUN**  
Issifiye

Our branch serves people from Mount Carmel, especially Issifiye and Daliyat al-Karmel, two Druze villages.

We love to lend breast pumps, infant car seats, and bassinets, because they mean that a family has celebrated the birth of a child. But we also care for people in less happy situations, and so we have wheelchairs, bath chairs, canes, walkers, and more.

Our branch is a modest branch, so if we don't have exactly what people need, we contact the Jerusalem or Haifa branches and have it brought in for them in about two or three days, or sooner if the need is urgent.

About two years ago, we started a Life Stories project, in which eight devoted volunteers meet with the elderly people of Issifiye and Daliyat al-Karmel and write their life stories. The people being written about are so happy – and I am even happier, because older people are the keepers of our history. It's so important to preserve our culture, our unique way of solving problems between people, of helping each other through life events and ceremonies, so that the new generation knows how it was, because it is getting lost. Our staff is doing a wonderful job.



**BRACHA ALIMA**  
Netanya

I've always wanted to dedicate my life to helping adults with special needs. That's what brought me to Yad Sarah, where I've been manager of the Netanya branch for the past ten years.

I was somewhat familiar with Yad Sarah before I started, but now that I'm here, I'm amazed at the scope of the services. For example, when one of our volunteers fell ill with cancer, we were able to give her rides to the hospital for treatment and someone to accompany her. Our volunteers brought her food supplies and an emergency alarm response unit. She had no one else to help and Yad Sarah became her family.

We're always striving to do more. Our new building has enabled us to accommodate more equipment and volunteers, and add support and counseling programs for those caring for relatives at home. We need volunteers for homebound outreach, for the exhibition center and wheelchair-accessible vans, and to enable us to serve more clients in the day rehab center.

I feel so fortunate to be able to help so many people every single day.



**NILI COHEN**  
Tiberias

I started to volunteer with Yad Sarah 12 years ago after Yad Sarah helped me care for my mother when she was ill. Ten years ago, I became a branch manager of Yad Sarah Tiberias.

As a volunteer, I have the opportunity to change lives and also to take advantage of Yad Sarah's amazing services. Recently, I used Yad Sarah's services when my husband fell and was in the hospital for two months. I'm grateful that our new branch has a wheelchair-accessible ramp, which is something our old building lacked.

I firmly believe that anyone can volunteer at Yad Sarah. I think people are reluctant because they are not sure what to do – but we guide them.

Few realize just how rewarding this work can be until they volunteer at a Yad Sarah center and see for themselves.

A few months ago, a man became a father to triplets. He wanted to borrow three cribs, three mattresses, three car seats – and *three* breast milk pumps. He just assumed he needed three of everything! We all had a good laugh with him, and helped him and his wife get comfortable raising their three beautiful children!



**ELI ROSENBERG**  
Modiin

I helped open Yad Sarah's Modiin branch in July 1998, and I've managed it ever since. We keep growing each year, adapting to the needs of our community. Six years ago, thanks to funding from two generous American donors and a land grant from the city of Modiin, we expanded the branch to a multi-service center serving Modiin and the surrounding community.

Today, we have close to 180 volunteers, and we're open 11 hours a day. Our center is so full of life, energy, and beauty. We're not just another medical building – we're a beautiful facility that feels more like a home than a place for treatment and rehab.

**Our center is so full of life, energy, and beauty.**

Modiin is a relatively young city and the way we've structured the branch reflects that. We're an extremely family-oriented center and we even have a special kids' corner where parents can leave their children during volunteer hours or visits.

Each day is more rewarding than the next. When I come in to volunteer, I feel like I am coming to my second home and my fellow volunteers, staff members, and clients are part of my second family.

# INTERVIEW RINAT RIDER

## Regional Manager of Yad Sarah's Operations in the North

**R**inat directs 24 branches of Yad Sarah in a sprawling region about 130 km in size. The diverse population includes Jews, Druze, Arabs, and Circassians. Rinat is responsible for every level of the branches' operation, from expanding Yad Sarah's services in the periphery – three hours from Jerusalem – to overseeing Yad Sarah's equipment lending program. Rinat, originally a kibbutznik, speaks about some of the challenges and rewards that come with the job.

Rinat Rider oversees 24 Yad Sarah branches in the north of Israel.



**YS: SHALOM RINAT! TODAH RABAH FOR TAKING TIME OUT OF YOUR BUSY SCHEDULE TO TALK TO OUR READERS. CAN YOU TELL ME A LITTLE BIT ABOUT YOURSELF?**

**RINAT:** I was born in Kibbutz Ein Hatziv, which belongs to the Religious Kibbutz Movement. My parents did their national service on the kibbutz and built their home there. After graduating from high school, I served in the army and then I got married and started a family of my own on the kibbutz. Our six children were born there. When I was close to 40, we moved to the Galilee. Thank G-d, the family grew, and grandchildren were born.

**YS: HOW DID YOU BECOME INVOLVED IN YAD SARAH?**

**RINAT:** Upon moving to the Galilee, and after giving birth to my youngest son, I was looking for a part-time job. Just then, Yad Sarah happened to be looking for someone to work in their office in Israel's northern region. I worked there for a number of years in the office, after which I moved into the role of

Coordinator of Home Care and Community Services in the northern region. In this role, I was responsible for our legal services programs, social home visits, the life stories project, and dental care for people who are homebound.

**YS: WHAT IS YOUR CURRENT ROLE IN YAD SARAH?**

**RINAT:** About six or seven years ago, I was appointed Director of Yad Sarah's operations in the North. The northern region includes 24 branches, from Kiryat Shmona and the Golan Heights in the north to Pardes Hanna and Hadera in the south.

**YS: WOW! THAT SOUNDS LIKE A REALLY SPECIAL OPPORTUNITY TO IMPACT THOUSANDS OF LIVES. WHAT IS YOUR DAY-TO-DAY LIKE?**

**RINAT:** You're right! It's a lot of work – but it's very rewarding. Every day I move between two to three branches. When I get to the branch, the volunteers always come first. I check that everyone is okay and that they arrived for their shifts. Many of our volunteers are older, some have health problems, some are busy with family matters, but everyone tries to show up on time and ready to work.

**YS: THAT SOUNDS LIKE AN EXCITING DAY. CAN YOU WALK US THROUGH HOW EACH BRANCH OPERATES?**

**RINAT:** It's never a dull moment at Yad Sarah, but I have an amazing team of volunteers who are dedicated to helping people. Each branch is headed by a manager responsible for the day-to-day operation of the branch. If I am not in a specific branch, I communicate via phone multiple times per week with every branch manager. Every two or three weeks, I meet with each manager, making my way around Israel to visit each branch and while there, I address technical issues, such as handling computers, phones, questions about lending procedures, and issues related to medical-rehabilitation equipment. We



Rinat with Yad Sarah Tiberias volunteers

also talk about personnel: we arrange shifts, match volunteers' activities to their skills, address the volunteers' personal issues, and above all, we discuss how to train and prepare our volunteers to support Yad Sarah's mission.

**YS: SO YOU REALLY HAVE YOUR HANDS IN ALL ASPECTS OF YAD SARAH'S OPERATIONS. HOW DO YOU HANDLE NEW EQUIPMENT COMING INTO THE BRANCHES?**

**RINAT:** At Yad Sarah things are constantly in motion. New equipment comes in for various use, and we lend it out to people in need. As equipment and demands change, we are constantly revamping our inventory and lending protocols. It's an ever-changing game of adapting to the needs of our clients.

**YS: HOW DO YOU SEE THESE EQUIPMENT LOANS DIRECTLY IMPACTING PEOPLE WHO COME TO YAD SARAH FOR HELP?**

**RINAT:** I'll tell you a story. Recently, a young woman contacted us because her father was very ill and needed to return home from the hospital. "There's nothing left they can do," she told us. This woman had three sisters who lived outside of Israel who were already on their way back home to say goodbye to



Rinat at one of the 24 facilities she manages, with medical equipment that Yad Sarah loans

their father. It was so important to this woman that her father be home, in bed, when her siblings arrived for a final visit with their father before he passed. The problem? We didn't get a call from her until 10pm – much later than we normally operate. We could hear the distress in her voice, so we worked to get her the help she needed. I coordinated with a volunteer from Carmiel who, before midnight, went to a Yad Sarah branch, loaded a bed into a car, and delivered it to her father's home. The next day, the daughters had landed, and they all met at the house. The following evening the father passed away. It meant the world to us knowing that because we worked as a team, we were able to give the family the gift of saying goodbye in the comfort of their own home.

**YS: WOW, VOLUNTEERS REALLY MAKE YAD SARAH'S WORK POSSIBLE. WHAT OTHER ROLES DO VOLUNTEERS HAVE AT VARIOUS YAD SARAH BRANCHES?**

**RINAT:** Those volunteers are the beating heart of our branches. At each branch, volunteers cover a variety of roles: they oversee lending of equipment critical for the care of elderly patients; they clean, maintain, and update equipment; they deal with finances for each branch; and they welcome clients and families on a daily basis, working to address each individual's unique needs. We also have occupational and physical therapist volunteers who assist clients in need of rehab.

**YS: HOW ARE YOU HELPING YAD SARAH EXPAND ITS REACH IN THE PERIPHERY OF ISRAEL? DO YOU FEEL SUPPORTED BY OTHER YAD SARAH BRANCHES IN DEVELOPING BRANCHES IN THE PERIPHERY?**

**RINAT:** Currently, we are opening two new branches in the north: one in Acre and another at Poriya Hospital, which is part of the Baruch Padeh Medical Center. Every two or three weeks, all of Yad Sarah's regional managers gather for a meeting at our Jerusalem headquarters where we brainstorm about development and expanding our services. It's there that I feel the most support from my peers, who are full of ideas about how to better reach people across Israel's periphery. I feel supported by

branch managers everywhere and by Yad Sarah's management at large, as both have been really positive collaborators in servicing Yad Sarah's mission.

**YS: SPEAKING OF FAMILIES, WHAT KIND OF WORK HAVE YOU DONE SUPPORTING FAMILIES IN THE NORTH OF ISRAEL?**

**RINAT:** Recently, I received a phone call from a new mother late one night in desperate need of a breast pump. It was late, but I figured I would reach out to other branch volunteers for help. I sent a message to a group of branch volunteers and within an hour, a volunteer drove to her house to deliver a breast pump. That's what our network of volunteers is all about – meeting the unique needs of people, no matter the time or challenge.



Rinat with more volunteers

**YS: WHAT OTHER UNIQUE CHALLENGES HAVE YOU FACED WHEN SUPPORTING FAMILIES IN THE NORTH?**

**RINAT:** On *Erev Sukkot*, a family contacted us from a moshav near Tiberias, asking for help with an older member of the family who was just released from the hospital but couldn't get ahold of an oxygen tank. *Sukkot* was set to begin in under two hours. In Israel, two hours before a holiday is the last time you'd expect to have to work – but we knew that this man needed help, so we quickly coordinated a volunteer who was able to lend him an oxygen tank. Only because that volunteer left his home to deliver an oxygen tank was the man able to celebrate *Sukkot*

with his family. A week later, we got word from the family that that celebration meant the world to them because on the day after *Sukkot*, the man passed away. The family was so grateful to Yad Sarah, especially for helping while they were under such physical and mental duress.

**YS: WHAT A GIFT YOU GAVE TO THE FAMILY. WHAT OTHER WAYS DO YOU SUPPORT THE ELDERLY IN ISRAEL, ASIDE FROM EQUIPMENT LENDING?**

**RINAT:** We also coordinate home visits for clients unable to leave the house. Recently, we were able to help a lonely woman who lived with physical and mental disabilities – and had no family to speak of. After getting wind of her situation, one of our volunteers went to this woman's house and, visit after visit, talked to her about her life and story. When the volunteer first arrived, he reported the woman as extremely depressed and lonely. But through conversations and by teaching the woman how to knit, her outlook improved dramatically and eventually, the volunteer was able to take her out on short walks around the neighborhood. It was a complete transformation for her – a transformation that dramatically changed her life. We set up home visits like that all of the time. And it's not just to help people who are suffering from loneliness. Right now, I have a volunteer who regularly visits a blind couple to help them with chores around the house and another who is teaching an elderly woman English – one of her life's dreams.

**YS: FROM YOUR STORIES, IT SOUNDS LIKE YAD SARAH IS IMPACTING SO MANY LIVES. WHAT SPECIAL CHALLENGES DO YOU FACE AS YOU MANAGE BRANCHES IN THE PERIPHERY?**

**RINAT:** Getting special equipment to those that need it can be a major challenge so far from Jerusalem, where most of the equipment is located. When we're in a bind, we usually rely on relatives and friends who work and travel between Jerusalem and the north. But I am working closely with Yad Sarah to continually improve our capabilities in the north and I am optimistic about the future of our remarkable organization!

# DAY REHAB CENTERS

## How Yad Sarah's Day Rehab Centers are Empowering the People of Israel

**R**ami drove an Egged bus until he had a stroke, which left him unable to speak or walk. After two months of in-patient rehab, he had regained some motor skills – and reached the end of what his treatment would cover. Rami was released to his son's home – but he still needed more support, a chance to get of the house, and a community where he could heal and recover with others. Now what?

"These people are left with their condition and often have nowhere to turn... they do not know what to do next and how to move forward," says Cori Saraf, a physical therapist at Yad Sarah's Day Rehab Center in Netanya. "That's when they turn to Yad Sarah."

Yad Sarah's Day Rehab Centers pick up where other treatment programs leave off. At five centers throughout Israel, people suffering from disabilities as a result of chronic illness, stroke, accident, or age benefit from a wide range of therapies. "We are committed to working with our clients as long as they need," says Cori. "Our support comes on their terms. Not ours."

### EMPOWERING THOSE WHO FEEL THEY'VE LOST THEIR POWER

The centers' clients are men and women who have devoted the best years of their lives to building Israel. Now, they are left dependent and sometimes lonely or depressed. "Many people we see never imagined they'd be in this situation, needing this kind of treatment," says Cori. "We always help them in any way we can."



Clients and volunteers form special bonds

Yitzhak, one Yad Sarah client, is a proud veteran of the IDF who was once a strong and very active man. In recent years, a debilitating illness rendered him severely limited and now, Yitzhak struggles to perform daily activities. He spends hours with the therapists at Yad Sarah's Day Rehab Center, who work to preserve his functionality and remaining motor skills. They also bring Yitzhak to the local kindergarten, where he is overjoyed to spend time with young, enthusiastic kids, sometimes engaging in arts and crafts or helping them celebrate Jewish holidays.

Another Yad Sarah client, Shimon, was a groundskeeper at the Ministry of Education, recounts Michael Benson (left), the volunteer branch manager in Beersheba. "He ran up and down the stairs effortlessly, carried furniture from one room to another, always with a smile." Michael hadn't seen Shimon since he was a child, but one day Shimon showed up to the Beersheba Rehab Center for help. He had suffered a stroke and was now wheelchair-bound and unable to speak. "Shimon recognized me immediately,

and waved hello," Michael recalls warmly. Now, Shimon comes to the center three days per week and volunteers and staff work with him to rehabilitate and maintain motor skills. "He still has that amazing Shimon smile," Michael says, "despite needing assistance from Yad Sarah volunteers to perform basic daily activities."

### BEYOND REHAB: A PLACE TO FIND MEANING AND POWER

The rehab centers do more than help clients regain or preserve motor skills. They also provide a necessary creative and social outlet for people often confined to a wheelchair or left home alone.

When new clients visit a center with their close family, staff and volunteers work with them to understand the situation, set goals, and build a customized program tailored to each client's needs. After a plan is developed, older patients typically come in three days per week for therapy, while younger patients come twice per week. At the centers, clients receive treatment, participate in a variety of activities, and receive a hot meal before they depart.

"Our center is important for three reasons," Michael says. "It gives people a reason to leave their



Clients enjoying games at Day Rehab

homes. It's a place to make friends and build a community. And it also affords families of our clients the opportunities to take care of their other responsibilities." At centers across the country, volunteers like Michael help clients find meaning in their lives and a renewed motivation to heal.

### ALTERNATIVE METHODS TO HEALING

Besides traditional physical and occupational therapy provided by licensed therapists, clients choose from a wide range of services. Someone suffering from post-CVA aphasia, like Rami, may enjoy music therapy; a client in a wheelchair may get fulfillment from tending a garden in an elevated pot, directed by a volunteer expert in horticultural therapy. The centers also offer drama therapy, carpentry, cultural programs, and more.

Rita Paran is an art therapist on staff at Yad Sarah's Jerusalem Day Rehab Center. Rita leads music therapy, art therapy, and yoga classes for groups of people who have overcome traumatic experiences. Some are veterans suffering from PTSD, while others are recovering from illness or a physical impairment.

One client, Moshe, was a respected artist before overcoming multiple strokes that half-paralyzed him. "He can barely speak now," Rita says, "but what strengthens him and keeps him going is the opportunity to draw again. The fact that he can come to Yad Sarah and draw gives him a sense of purpose and fills him with life again."



A motivated Day Rehab client

Even for patients with no previous art experience, art therapy can work wonders. "I've seen people who have never picked up a brush before find a reason to get up in the morning," Rita says. "The process of creation is therapy not just for the body but also for the soul." Watching her clients work inspires Rita as well. "Despite their conditions, we empower these clients beyond their wildest dreams. It's amazing to see how people who could barely move their hands create remarkable works of art." Rita should know – she is an accomplished artist herself with a degree from Jerusalem's Bezalel Academy of Arts and Design. "They're just as good as students at art school!"



Art therapy that heals the body and soul

Rita also oversees an extensive music therapy program, which has been specially adapted for people with Alzheimer's, amnesia, and cognitive impairments. "Part of our program uses music from our clients' past to trigger positive memories," Rita explains. "I've watched people who could barely speak hear a piece of music and all of a sudden begin speaking for the first time in months. It's almost like they're waking up."

"It's truly a miracle to watch," Rita says, joy filling her voice in appreciation for the work she does impacting so many lives.

## MAKING OLD AGE THE BLESSING IT SHOULD BE

### ISRAEL'S ELDERLY POPULATION IS ON THE RISE.

Today more than 11 percent of Israeli society is over 65, and a 2018 study by the Myers-JDC-Brookdale Institute projects that this number will rise 77 percent by 2035, increasing 2.2 times faster than Israel's general population. Approximately 200,000 of these seniors are Holocaust survivors, who have unique physical and emotional health challenges.

Yad Sarah plays a vital role for these seniors, enabling them to maintain dignity and independence. The organization addresses seniors' home health needs by lending medical and home hospitalization equipment and providing a mobile dental clinic for the homebound. Its emergency call center lets seniors feel confident at home, knowing that help is just a button-press away. And its wheelchair-accessible vans enable the elderly to get out and socialize.

Yad Sarah also brings peers together to foster connections. One client, Bertha, was depressed and withdrawn. A Yad Sarah volunteer arranged for Bertha to meet with Dr. Ella Rosenberg, who, like Bertha, speaks Russian. At least once a week, Dr. Rosenberg and Bertha got together to talk, attend lectures, and spend quality time together. Bertha's daughter, Marina, says, "It is so moving to see the love of life come back to my mother's eyes."

Ultimately, it is the joint responsibility of family, society, and government to care for society's venerable yet vulnerable members, making old age into the blessing that it should be.

### BY THE NUMBERS:

#### In many respects, Israel's seniors are doing well.

Their life expectancy is among the highest in the world, above the United States' ranking. Israel ranked #21 on the UN's 2013 Global AgeWatch Index, which measured general wellbeing of countries' elderly.

#### But, at the same time, in 2015,

**23%** of Israeli households with a head of household aged 65+ live in poverty.

**23%** of seniors live alone.

**33%** have limited mobility.

**15%** of people over age 65 rate their health as very good.

**14%** have a disability that makes it difficult or impossible to perform an activity of daily living.

Life expectancy rises for those over 80, but so does poor health.

## HEROES

## HELPING HEROES

You wouldn't recognize Sigi Carasenti if you bumped into him on the street, but you would if you saw the iconic photo from 1967, where he stands with two fellow paratroopers, gazing up reverently at the newly reclaimed Western Wall.



Now, over fifty years later, Sigi's eyes still tear up when he relives those memories. He recalls the mortal terror he felt at the Battle of Ammunition Hill and the Police Academy, when he couldn't see a meter in front of his face and no commanders were left standing, when half his brigade had fallen and he knew that if the remaining men couldn't open the eastern entrance to Jerusalem, the war would be lost.

And he remembers the sublime moment when he reached the Western Wall and gazed at the Israeli flag rising majestically above after 2,000 years, and the awe of watching a stream of men slowly approach, caress the ancient stones, and break down crying.

Like so many others in Israel who were once proud soldiers and are now aging, Sigi came to Yad Sarah for help. His wife, who suffers from vertigo due to a prior head surgery, needed a wheelchair and he didn't know where to turn. Sigi had heard about Yad Sarah before but wasn't aware of the range of services they offered.

"I knew Yad Sarah could help," Sigi recalls, "but I did not realize what a wonderful and helpful organization it was until I was in need myself."

When Sigi arrived at the Yad Sarah branch in Afula, he was greeted with warm hugs and open arms. He met each of the volunteers there who, despite having no prior relationship, were excited to help and loan his wife the equipment she needed. Yad Sarah not only gave his wife a wheelchair, but gave them both a sense of confidence that they were in good hands. "They really saved my wife's life."

"Yad Sarah's care is unlike anywhere else," Sigi remembers fondly. "Every single thing they do, they do solely to help others – everybody at Afula was so full of understanding and care."

**“Yad Sarah is a place for everyone from all walks of life and every corner of society.”**

Sigi is proud that Israel has an organization like Yad Sarah. "Yad Sarah is a place for everyone from all walks of life and every corner of society. There is not a single person in the entire nation of Israel they have not helped in some way," he says. The same could be said of Sigi.

# ALL ABOUT YAD SARAH 2018

Yad Sarah, Israel's largest volunteer-staffed organization, provides a vital array of compassionate health and home services for people of all ages. Yad Sarah's free services are delivered by more than 7,000 volunteers in more than 100 branches.

The people of Israel – and people with special needs traveling to Israel – rely on Yad Sarah to help them remain independent, healthy and at home.

## OUR PROGRAMS AND SERVICES INCLUDE:

### Medical Equipment Lending Centers

An inventory of over 360,000 items to be loaned out at no cost to the borrowers.

### Guidance and Exhibition Centers

Displaying equipment and daily living tools available to help people live independently.

### Day Rehabilitation Centers

Physical and occupational therapy; computer, art, drama and gardening therapy; meals and social events for young and old recovering from strokes, surgery, illness, and injury.

### Mobile Geriatric Dental Clinic

A full range of specialized care for the homebound and frail elderly.

### Yad Riva Legal Aid

Legal services, legal counseling, legal representation and social assistance for the elderly provided by volunteer lawyers.

### Emergency Alarm Center

Peace of mind for the elderly and homebound, 24 hours a day, with two-way transmitters connected to Yad Sarah's national computerized system.

### Outreach to the Homebound

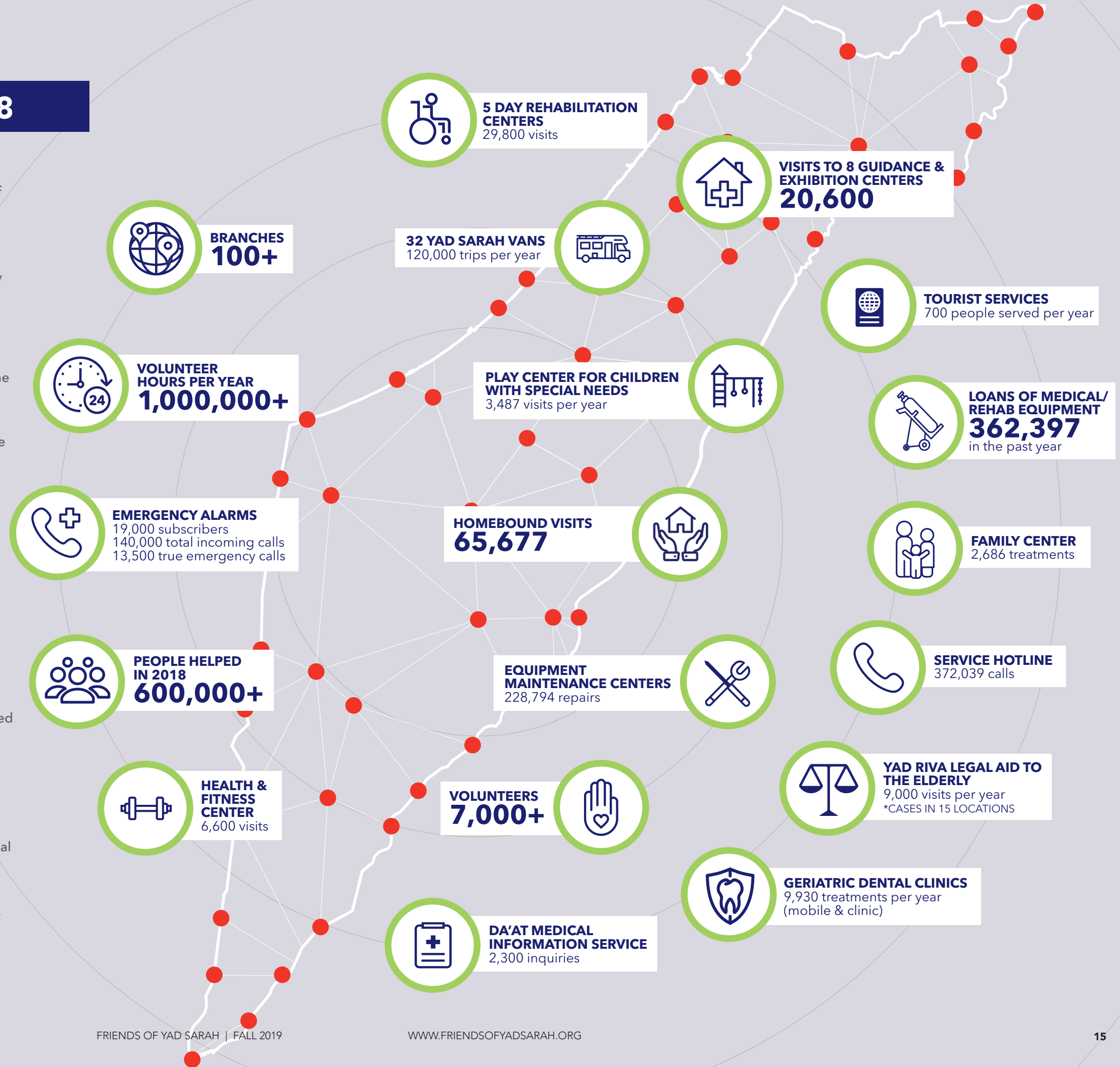
Visits and projects to activate hands and minds and raise morale of people isolated at home.

### Play Center and Toy Library

Providing a safe and supportive environment for children with special needs to learn and develop through play.

### Transportation Services

Wheelchair-accessible rides to work, school, medical appointments, and social occasions.





# LEAVE A LEGACY FOR ISRAEL – AND RECEIVE A HIGH, FIXED-RATE, LIFETIME INCOME

Providing for **Yad Sarah** is providing for Israel. Improving the lives of more than 420,000 people in Israel every year, **Yad Sarah** represents what is best about Israel and its people.



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## A YAD SARAH GIFT ANNUITY – GET INCOME FOR LIFE AND A CHARITABLE DEDUCTION.

A **Yad Sarah** Gift Annuity pays a high, fixed-rate, lifetime income for one or two individuals. May we calculate the annuity rate, tax deduction and **tax-free** income portion for you? For many individuals, a gift annuity is an especially valuable retirement planning vehicle.

## A SAMPLE OF YAD SARAH'S HIGH GIFT ANNUITY RATES

Age	Rate	Tax Free*
65	6.0	67.0%
70	6.5	70.4%
75	7.1	73.4%
80	8.0	76.2%
85	9.5	80.4%
90	11.3	82.4%

\*A final calculation of the tax-free portion will be made for the month of the gift, based on IRS rules.

## A GIFT THAT IS CHERISHED FOREVER: PROVIDING FOR ISRAEL AFTER YOUR LIFETIME

Leaving a bequest in your will or trust for Yad Sarah provides much-needed funds for the important work of Yad Sarah in Israel. You might also consider including Friends of Yad Sarah as a beneficiary of your IRA or of your life insurance policy. Your after-lifetime gift may be designated for Yad Sarah programs in Israel that are dear to you, or entrusted to Yad Sarah for use where most needed to assist in helping Israel's most vulnerable people.



## LET US SHOW YOU HOW

We can provide you and your advisors with language for your will or trust. We can help you set up a fund to benefit Yad Sarah in Israel. We can show you how to memorialize your gift.

## TO BE A YAD SARAH PARTNER

Please contact Adele Goldberg, the Executive Director of Friends of Yad Sarah, at 1-866-YAD-SARAH or by email at [adele@friendsofyadsarah.org](mailto:adele@friendsofyadsarah.org).

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